

**Prevention That Works: Putting Strengths at the Center**  
**October 31 and November 1, 2022**  
**Scarritt Bennett Center Nashville, TN**

Instructors: Victoria Banyard, Ph.D. & Sherry Hamby, Ph.D.

Day 1: October 31

- 8:00-9:00      Registration, Breakfast, and Welcome
- 9:00-10:00    Problems With Existing Prevention  
                    The ineffectiveness of admonishment programs  
                    Boomerang effects
- 10:00-11:00   The Prevention Portfolio Model
- 11:00-12:00   Putting Strengths at the Center
- 12:00-1:00     Lunch
- 1:00-2:00     Evidence-Based Prevention Part 1: Mindfulness
- 2:00-3:00     Evidence-Based Prevention Part 2: Bystander Approaches
- 3:00-4:00     Evidence-Based Prevention Part 3: Relational & Social Networks Approaches
- 4:00-5:00     Evidence-Based Prevention Part 4: Social Marketing & Social Norms Strategies

Day 2: November 1

- 8:00-9:00     Breakfast and Reflections/Questions On Previous Day
- 9:00-9:30     Learning to Think Systemically & Ecologically
- 9:30-10:15    Hot Spot Mapping, Geographic Interviewing, & Walk Audits
- 10:15-11:00   Activism & Community Work
- 11:00-11:30   The Built Environment as Prevention
- 11:30-12:00   The Natural Environment as Prevention
- 12:00-1:00    Lunch, Evaluation Forms, and Farewells