

# **ResilienceCon™ 2025**

## **CONFERENCE PROGRAM**



**April 6-8**

***With a Resilience Portfolio  
Consortium meeting on April 9***



# Welcome to ResilienceCon 2025

## *Our 10<sup>th</sup> Anniversary!*

We are so happy you could join us for ResilienceCon 2025! **This ResilienceCon is very special because it is our 10-year anniversary.** ResilienceCon was founded by Drs. Sherry Hamby and Vicki Banyard to promote strengths-based approaches to overcoming violence and other forms of trauma. ResilienceCon emphasizes a multidimensional approach to resilience. We believe that there are many different pathways to thriving despite adversity. This work is supported by research, practice, policy, and advocacy from many disciplines.

The first ResilienceCon was held in 2015 in Sewanee, TN. The first ResilienceCon revealed its “**secret sauce**” which took advantage of the brain trust among the attendees. The secret sauce consisted of creating a unique professional space that fosters interactions and relationships, guided by humility, respect, fairness, compassion, and collaboration.

We are amazed and inspired by the changes that have occurred in ResilienceCon during the past 10 years. ResilienceCon has grown in size, focus, and reach. For our 10<sup>th</sup> anniversary, we are welcoming more than 220 attendees from 37 U.S. states or territories and 8 countries. The changes are largely due to all of you. Some of you have attended multiple ResilienceCons. Some of you started attending as students and now bring your students to the conference. You are helping to establish multiple generations of resilience scholars, educators, practitioners, advocates, and policymakers.

For first-time attendees, we are excited you have joined us! ResilienceCon includes a range of methodologies, from traditional quantitative research to phenomenological and qualitative approaches to embodied approaches, such as mindfulness and a willingness to share personal stories and break down artificial barriers between our personal and professional lives. Many of the methodologies focus on community engagement with different communities with a variety of strengths. In breakout sessions, shorter talks are followed by interview and Q&A segments. We find this helps communicate presenters’ depth of knowledge, experience, and commitment. Sessions become more engaging, useful, and inclusive. For our 10<sup>th</sup> anniversary, we have added some special sessions to the program to reflect and celebrate ResilienceCon’s past and build a vision for the future.

The day after ResilienceCon, we are hosting the Resilience Portfolio Consortium (RPC), a joint project between Life Paths Research Center and the Center for Research on Ending Violence at the Rutgers School of Social Work. The RPC is an international community working to advance the science of trauma and resilience. This year the RPC will focus on strategies to navigate current challenges in academia and beyond. We invite all of you to join the RPC and look forward to spending Wednesday with those of you who can stay.

We recognize that we currently live in challenging times in the U.S. and around the globe. We hope that coming together as a community will build resilience among all of us. Thank you for participating in ResilienceCon 2025 and sharing your wisdom, expertise, and strengths.

Nicole Yuan and Susan Yoon, and on behalf of Sherry Hamby

# Giving Thanks to Our Community

As we celebrate ResilienceCon's 10<sup>th</sup> anniversary and reflect on the remarkable moments of our gathering, we are filled with deep gratitude. ResilienceCon is more than just a conference— it is a community dedicated to prevention and responding to violence, trauma, and adversity through the power of hope, healing, and resilience. Our 10 years of promoting resilience together would not have been possible without the collective efforts and generous contributions of those who care deeply about this mission.

A special and heartfelt thank you goes to Dr. Sherry Hamby and Dr. Vicki Banyard, the Co-founders of ResilienceCon. Their vision, passion, and dedication have brought together a diverse network of researchers, practitioners, advocates, and community leaders committed to strengths-based approaches to overcoming trauma. We are grateful for their exceptional leadership and ongoing commitment to advancing resilience science, including their roles as co-directors of the Resilience Portfolio Consortium.

We would also like to extend our deepest thanks to **Elizabeth (Liz) Taylor**, our conference director, who has been with us from the very beginning. Her dedication and passion for ResilienceCon have been an invaluable gift to our community, and the story of ResilienceCon would not be complete without her contributions.

We are grateful for all the people who helped plan ResilienceCon and its anniversary celebration this year. We would like to acknowledge the contributions of our **program committee**. That includes senior advisors **Jonathan Davis, Kathryn (Katie) Howell, Susana (Susy) Mariscal, and Katie Schultz**. We are also grateful to members **Juan Lorenzo Benavides, Matt Brooks, Rufaro Chitiyo, Shelby Clark, Sal Corbin, Hannah Gilliam, Matthew Hagler, Amanda Hasselle, James Jurgensen, Kathryn (Katie) Maguire-Jack, Esther Malm, Fei Pei, Katie Querna, Spenser Radtke, Travis Ray, Chad Rose, Danielle Rousseau, Heather Storer, and Tayon Swafford** for their help reviewing scholarship awards, recruiting attendees, hosting sessions, and generously providing input for numerous other conference decisions.

Many others make ResilienceCon possible. We are thankful to **Melissa Bower & all the staff at the Scarritt Bennett Center**, a nonprofit devoted to social justice. We are grateful to **Rachel Calvosa, Emma Headley, Abby Kiesow, Hannah Morris, & Zizi Zhao** for staffing our registration table. Thanks to Life Paths intern **Madison Reid** for preparing People Pages and nametags. We appreciate everyone who helped us set up, including many program committee members, **Dylan Campbell, Kyra Chung, George Handley, & Kadence Lewis**. We thank everyone who is hosting a session or offering a reflection. We deeply appreciate our donors, listed on the following page. The funds help support scholarships and other costs.

As we close this circle of gratitude, we would like to thank **all of you for joining us this year and celebrating our 10<sup>th</sup> anniversary together**. Your shared commitment to resilience makes this community truly special. We are grateful for the journey we have taken together and look forward to the next 10 years of collective learning, growth, and impact.

Susan Yoon and Nicole Yuan, and on behalf of Sherry Hamby  
ResilienceCon Co-Chairs, April 2025

# A SPECIAL THANK YOU TO OUR SPONSORS & DONORS

## **Pathfinder**

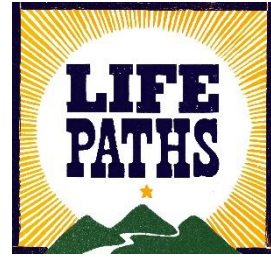
Victoria Banyard  
Sherry Hamby & Al Bardi

## **Friend**

Patricia Correia Santos  
Jennie Jester  
Hasina Mohyuddin  
Fei Pei  
Kristina Ray-Bennett  
Danielle Rousseau  
Christopher Thornton  
Sidney Turner  
Nicole Yuan



***Congratulations to the Life Paths  
Promising Scholar & Promising  
Advocate Award Recipients!***



**Promising Scholar Award Recipients**

**Clement Amponsah**  
University of Oxford

**Reagan Cole**  
Oklahoma State University

**Ines Huynh**  
University of Hong Kong

**Marlaina Maddux**  
University of Arizona

**Kristina Ray-Bennett**  
Indiana University

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**Promising Advocate Award Recipients**

**Meghna Bhat**  
Gulabi Stories:  
A South Asian Healing Initiative

**Isabella Caldwell**  
Cambridge Health Alliance  
Harvard Medical School

**Noah Gokul**  
Institute for the Development  
of Human Arts

**Lindsey Silverberg**  
Network for Victim Recovery of DC

**Promising Scholar & Advocate Honorable Mention Recipients:**

Enoch Amponsah, Yujeong Chang, Erna Chiu, Kaliyah Gardner,  
Alicia Hernandez, Kadejah Hicks, Kaitlin Kirkley, Rujeko Machinga-  
Asaolu, Sherise McKinney, Bridgette Stumpf, Kristen Theile,  
Victoria Trump Redd, Lijian Zhao

## Sunday, April 6th

Opening Reflection  
Sunday, 1:00-1:15 pm (Central time)

Victoria Banyard

## Data Blitz

Poster Data Blitz is 1:15-2:30 (Central time), Sunday April 6<sup>th</sup>, Great Hall in Laskey Building

Moderated by Katie Schultz and Heather Storer

**Brieanne Beaujolais**  
Mighty Crow Media

*Ohio Health Care Professionals' Resilience During the COVID-19 Pandemic*

**Kyra Chung**  
University of the South &  
Life Paths Research Center

*A Scoping Review of Resilience Among Older Asian-American People*

**Steph Cooke**  
National University

*A Resilience-Based Framework for Clinicians Responding to Mental Health Crises*

**Olivia DiLillo**  
Rhodes College

*Centering the Voices of Black Adolescents: Acceptability, Relevance, and Proposed Adaptations to Social Emotional Learning Programs*

**B. Luke Hicks**  
The University of TN-Chattanooga

*The Interaction Between Resilience and Social Support in a Disabled Population*

**Kadence Lewis**  
Murray State University

*Mediators of Childhood Experiences and Ghanaian Adult Psychological Well-Being*

**Lauren Manley**  
Rutgers University

*Empowering Bystanders: Key Factors Facilitating Positive Outcomes Following Interventions for Workplace Mistreatment*

**Rebecca McCloskey**  
Mighty Crow Media

*Rapid Response Emergenc Addiction and Crisis Team: Building Community Resilience After Opioid Overdose*

**Sarah McMahon**  
Rutgers University

*Bystander Action to Address Sexual Harassment in Academia*

**Rajanya Nandi**  
Indiana University

*A Literature Review Measuring the Effect of Multi-type Maltreatment against Homeless and Street Children on Their Early Childhood Development*

**Selena Piercy**

*Resilience Among Intimate Partner Violence Survivors:*

University of the South &  
Life Paths Research Center

*A Scoping Review*

**Madison Reid**  
Vanderbilt University

*A Scoping Review of Resilience and Psychosocial  
Strengths in Individuals with Learning Disabilities*

**Joselyn Sarabia**  
The Ohio State University

*Reducing Firefighter Stress and Posttraumatic Stress  
Symptoms Using Mindfulness: Preliminary Results from  
a Feasibility Study*

**Charis Stanek**  
The Ohio State University

*The Protective Role of Structured Activities During High  
School on the Relationship between Child Protective  
Services Involvement and Mental Health in Young  
Adulthood*

**Cady Ujvari**  
University of Mississippi

*PTSD Symptom Severity and Satisfaction with Life:  
The Moderating Role of Social Connectedness*

**Cate Yappen**  
University of the South &  
Life Paths Research Center

*A Scoping Review of Resilience Among Survivors of  
Campus Sexual Assault*

**QR code to access ResilienceCon program with full abstracts, titles,  
and authors:**





**Poster Titles & Authors**  
**Poster Session is 2:30-3:30, Sunday April 6**  
**Laskey Building with Hors d'oeuvres**

**Multiple Injustices: Re-Conceptualising Resilience Policy and Environmental Injustices in Northern Ghana**  
Clement Amponsah, University of Oxford

**Resilience and Self-Care: The Experiences of Social Workers Providing Services to People with Harmful Sexual Behaviors**  
Zohra Asad, Indiana University, Miriam Commodore-Mensah, Indiana University, Maryam Mehboob, University of the Punjab

**A Focus on Strengths: How Supportive Communities and Families help Children with ADHD Thrive**  
Sheila Barnhart, University of Kentucky College of Social Work, Aubrey Jones, University of Kentucky College of Social Work, Kathryn Showalter, University of Kentucky College of Social Work

**Ohio Health Care Professional's Resilience During the COVID-19 Pandemic**  
Brienne Beaujolais, Mighty Crow Media, Gretchen Clark Hammond, Mighty Crow Media, Rebecca McCloskey, Mighty Crow Media, Kathleen Gallant, Mighty Crow Media, Bobby Santucci, Mighty Crow Media, Michael Kockinski, Mighty Crow Media

**Nonresident Fathers' Financial Support and Child Economic Wellbeing: Implications for Child Support Policy**  
Hunmin Cha, College of Social Work, The Ohio State University

**Thriving Through Financial Turbulence: The Impact of COVID-19 Pandemic Stimulus on Financial Satisfaction Among Emerging Adults**  
Jeongeum Cha, The Ohio State University

**Adaptive and Maladaptive Responses by Fathers with Intimate Partner Violence and Substance Misuse**  
Satvika Char, Yale University, Sarah Eisenberg, Department of Psychiatry and Behavioral Sciences, Memorial Sloan Kettering Cancer Center, Carter W. McCaskill, Yale University, Child Study Center, Carla S. Stover, Yale University, Child Study Center

**The Long-term Impact of Child Maltreatment on Intimate Partner Violence: Results from a Nationally Representative Sample**  
Yinqi Chen, University of Michigan, Lijian Zhao, University of Michigan, School of Social Work, Kathryn Maguire-Jack, University of Michigan, School of Social Work

**Unique Strengths of Social Work Practice in Rural Communities**  
Erna Chiu, University of Michigan School of Social Work, Sarah Parmenter, The Ohio State University College of Social Work, Yujeong Chang, The Ohio State University College of Social Work, Yanghyun Park, University of Michigan School of Social Work, Olivia Varney-Chang, University of Michigan School of Social Work, Katie Maguire-Jack, University of Michigan School of Social Work

**A Scoping Review of Resilience Among Older Asian-American People**  
Kyra Chung, University of the South & Life Paths Research Center, Sherry Hamby, University of the South & Life Paths Research Center

**Poetic Inquiry Representing Social Workers' Experiences with Moral Distress**  
Shelby Clark, University of Kentucky, Natalie Pope, University of Kentucky, Taylor Dowdy-Hazlett, University of Kentucky College of Social Work

**Graduating as "Breaking the Cycle": Qualitative Exploration of Inequalities in Educational Attainment Among Indigenous High School Students**  
Reagan Cole, Oklahoma State University

**A Resilience-Based Framework for Clinicians Responding to Mental Health Crises**  
Steph Cooke, National University, Mary Cate Komoski, East Carolina University

**Life Satisfaction as a Buffer: An Examination of the Relationship Between Moral Injury, Combat Experience, and Satisfaction with Life in Veterans**  
Riley Curie, University of Mississippi, Brittany N. Hampton, University of Mississippi, Mikaela J. Raley, University of Mississippi, Stefan E. Schulenberg, University of Mississippi

**Role of University Leadership in Promoting Positive Outcomes for Employees Who Experience Sexual Harassment**  
Julia Cusano, Rutgers University, Sarah McMahon, Rutgers University, Rachel Connor, Rutgers University, Allison Brachmann, Rutgers University, Enoch Amponsah, Rutgers University, Sara Thomas, Rutgers University

**Elder's Presence: The Role of Supportive Adults in Building Resilience for Native American Students**  
Joanna DeMeyer, Oregon State University

**Centering the Voices of Black Adolescents: Acceptability, Relevance, and Proposed Adaptations to Social Emotional Learning Programs**  
Olivia DiLillo, Rhodes College, Anya Lensink, Rhodes College, Amanda Hasselle, Rhodes College

**Relationship Self-Efficacy Among Transition Age Youth with Foster Care Experience**  
Kaitlin Grelle, University of Texas at San Antonio, Rebecca Weston, University of Texas at San Antonio, Megan Piel, University of Texas at San Antonio, Deaven Greenberg, University of Texas at San Antonio, Isabella Swafford, University of Texas at San Antonio, Chris Huong, University of Texas at San Antonio.

**Coping Flexibility: A Review of Constructs and Measures**  
George Handley, University of the South & Life Paths Research Center, Sherry Hamby, University of the South & Life Paths Research Center

**Bridging Health Disparities and Promoting Health Equity for Mexican Migrant Populations through the Ventanillas de Salud-Phoenix (VDS-Phoenix)**  
Alicia Hernandez, University of Arizona Mel & Enid Zuckerman College of Public Health

**What Makes You Stronger: The Resilience in Black Youth Aging Out of Care**  
Kadejah Hicks, North Carolina A&T

**The Interaction Between Resilience and Social Support in a Disabled Population**  
Benjamin Hicks, University of Tennessee at Chattanooga, Matthew J. Schaublin, University of Tennessee at Chattanooga, D. Joseph Carpenter, University of Tennessee at Chattanooga, Scarlet Pardue, University of Tennessee at Chattanooga, Bailee Smith, University of Tennessee at Chattanooga, Leslie Frazier, Florida International University in Miami FL, Jill Shelton, University of Tennessee at Chattanooga

**Protective and Promotive Factors in Migrant and Refugee Children Facing Violence: A Systematic Review**  
Ines Huynh, University of Hong Kong, Carrie K. W. Li, University of Hong Kong

**It's All Relative: Examining the Impact of Social Connectedness, Gratitude, and Mindfulness on Satisfaction with Life among College Students Using Relative Weight Analysis**  
Carlisle Johnson, University of Mississippi, Braelynn Moore, University of Mississippi, Brittany Hampton, University of Mississippi, Cady Ujvari, University of Mississippi, Victoria McCutcheon, University of Mississippi, Yein Kim, University of Mississippi, Katherine Lucas, University of Mississippi, Stefan E. Schulenberg, University of Mississippi

**Cultivating Resilience and Connection: A Wellness Seed Grant Program**  
Hazelene G. Johnson II, Rutgers University; Peggy Swarbrick, Rutgers University,

**Perceiving Trauma as Trauma: The Role of Self-identification in Resilience among Adolescents with High ACEs Living along the U.S.-Mexico Border**  
Mary Cate Komoski, East Carolina University

**From Exclusion to Empowerment: Resilience of Korean Women Disability Activists**  
Hyejean Kwon, Indiana University School of Social Work

**Mediators of Childhood Experiences and Ghanaian Adult Psychological Well-Being**  
Kadence Lewis, Murray State University, Esther Malm, Murray State University, Mabel Oti-Boadi, University of Ghana

**Empowering Bystanders: Key Factors Facilitating Positive Outcomes Following Interventions for Workplace Mistreatment**  
Lauren Manley, Rutgers University, Sarah McMahon, Rutgers University, Victoria Banyard, Rutgers University

**Book Fairs in Pediatric Care: A Path to Improved Literacy and Well-Being**  
Carter McCaskill, Yale School of Medicine, Keren N. Lebrón Ramos, Yale Child Study Center, Sarah Nichols, Yale Child Study Center, Kendall P. Buck, Yale Child Study Center, Linda Mayes, Yale Child Study Center

**Rapid Response Emergency Addiction and Crisis Team: Building Community Resilience After Opioid Overdose**  
Rebecca McCloskey, Mighty Crow Media, Isaac M. Toliver, Columbus Division of Fire, Columbus, OH, USA, Alina Sharafutdinova, Columbus Division of Fire, Columbus, OH, USA, Alexander Ulintz, Department of Emergency Medicine, The Ohio State University College of Medicine

**Bystander Action to Address Sexual Harassment in Academia**  
Sarah McMahon, Rutgers University, Julia Cusano, Rutgers University, Allison Brachmann, Rutgers University

**Wisdom and Prosocial and Aggressive Behavior Among Adolescents**  
Alexis Mowrer, Vanderbilt University, Colleen Walsh, Vanderbilt University, Krista Mehari, Vanderbilt University

**A Literature Review Measuring the Effect of Multi-Type Maltreatment against Homeless and Street Children on their Early Childhood Development.**  
Rajanya Nandi, Indiana University, Md Hasan Reza, Indiana University

**Resilience Among Intimate Partner Violence Survivors: A Scoping Review**  
Selena Piercy, University of the South & Life Paths Research Center, Sherry Hamby, University of the South & Life Paths Research Center

**A Scoping Review of Resilience and Psychosocial Strengths in Individuals with Learning Disabilities**  
Madison Reid, Vanderbilt University, Sherry Hamby, University of the South & Life Paths Research Program

**Predicting Resilience Among Treatment-Referred Children and Youth with a History of Trauma: An Exploration of Risk and Protective Factors**  
Bibhuti Sar, University of Louisville, Prabathi Gunathilake, Kent School of Social Work and Family Science

**Reducing Firefighter Stress and Posttraumatic Stress Symptoms Using Mindfulness: Preliminary Results from a Feasibility Study**  
Joselyn Sarabia, The Ohio State University, Elinam Dellor, The Ohio State University, Bridget Freisthler, University of Tennessee, Knoxville

**The Protective Role of Structured Activities During High School on the Relationship between Child Protective Services Involvement and Mental Health in Young Adulthood**  
Charis Stanek, The Ohio State University, Yujeong Chang, The Ohio State University College of Social Work, Olivia D. Chang, University of Michigan School of Social Work, Susan Yoon The Ohio State University College of Social Work

**Impact of Peer and Family Violence on Youth Suicidality: Thwarted Belongingness and Presence of a Caring Adult as Potential Moderators**

Sayaka Takeuchi, Vanderbilt University, Colleen S. Walsh, Vanderbilt University, Krista R. Mehari, Vanderbilt University

**From Awareness to Action: Transformative Immersion Educational Experience in Social Justice**

Kristen Theile, University of Kentucky, Shelby Clark LCSW, PhD, University of Kentucky

**PTSD Symptom Severity and Satisfaction with Life: The Moderating Role of Social Connectedness**

Cady Ujvari, University of Mississippi, Yein Kim, University of Mississippi, Mikaela Raley, Tampa VA, Stefan E. Schulenberg, University of Mississippi

**Profiles of Resilience in Low-Income Pregnant Women Exposed to Adversity**

Victoria Ward, University of Notre Dame, Abigail Arntz, University of Notre Dame, Dirichi James-Osondu, University of Notre Dame, Laura Miller-Graff, University of Notre Dame

**A Scoping Review of Resilience Among Survivors of Campus Sexual Assault**

Cate Yappen, University of the South & Life Paths Research Center, Sherry Hamby, University of the South & Life Paths Research Center

**Associations Between Firearm Education Sources and Storage Practices: A Strengths-Based Analysis of Safety Outcomes**

Haosheng Yu, Vanderbilt University, Colleen S. Walsh, Vanderbilt University, Krista R. Mehari, Vanderbilt University

**Early Child Maltreatment and Young Adult Socioeconomic Outcomes**

Lijian Zhao, Yinqi Chen, Kathryn Maguire-Jack, University of Michigan

**Break 3:30-3:45**

## Welcome

Includes recognizing scholarship recipients

3:45-4:15

Sherry Hamby, Susan Yoon, and Nicole Yuan

## Keynote

Great Hall in Laskey Building

Sunday, 4:15 – 5:30 pm

### *Intersex Joy: Resilience Beyond the Operating Room*

**Meredith Byars**

*Host: Katie Schultz, University of Michigan*

Meredith “Mx” Byars (they/them/theirs) is a dedicated advocate and speaker for intersex and queer liberation, with a decade of experience championing these causes and a lifetime of lived experience. Formerly librarian at Magic City Acceptance Academy in Alabama, which is the first public school in the United States to have “LGBTQ-affirming” in the mission statement, Byars has also produced shows like “Tomboy” and “Oops! All Kings” in Birmingham, AL, which are among the few drag shows in the U.S. designed specifically to prioritize kings and nonbinary performers. They are currently a substance use counselor.

## Special Event

Great Hall in Laskey Building

Sunday, 5:30–6:30 pm

### *10<sup>th</sup> Anniversary Performance*

**Bill Birdsong Miller, multi-Grammy winning artist**

Drawing from his own life experiences as well as centuries of tradition, Miller is an artist of considerable depth. Miller has won six Native American Music Awards, including a 2007 Lifetime Achievement honor. He’s earned three Grammy Awards, among them “Spirit Wind North,” which was named Best Native American Album at the 2010 ceremony. Some of the top names in the music community have sought out Miller as a collaborator, among them Michael Martin Murphey, Nanci Griffith and John Carter Cash, and he’s toured extensively, sharing the bill with a diverse slate of acts such as Tori Amos, Eddie Vedder and Arlo Guthrie. Well known for his beautiful performances on the flute, Miller was chosen to play flute on “Colors of the Wind” from Disney’s *Pocahontas*.

## Monday, April 7th

Morning Reflection  
Great Hall in Laskey Building  
Monday, 8:45–9:00 am (Central time)

Nina Johnson

Monday 9:00 to 10:15 am (all times U.S. Central time)

**A1: Person-Centered Approaches to Understanding Resilience, Risk, and Needs in the Context of Child Maltreatment (Perspectives Panel): Great Hall**

Strength Profiles and Academic Achievement in Adolescents Involved in the Child Welfare System  
Susan Yoon, The Ohio State University

Profiling Changes in the Needs of Parents with Child Welfare Involvement: What Do They Tell Us About Risk for Maltreatment?

Olivia D. Chang, University of Michigan

Patterns of Protective Factors Following Childhood Maltreatment and Youth Developmental Outcomes  
Yujeong Chang, The Ohio State University

**A2: Strengths-focused Approaches to Preventing Sexual Violence in Indian Country (Perspectives Panel): Laskey A**

Impact of a Child Sexual Abuse Prevention Program with Elementary School Children on a Rural Reservation  
Lorey A. Wheeler<sup>1</sup>, Katie M. Edwards<sup>5</sup>, Vivian Aranda-Hughes<sup>3</sup>, Amanda Prokasky<sup>1</sup>, Stephanie Lim<sup>1</sup>, J. Gayle Beck<sup>2,5</sup>, Gabby Miller<sup>1</sup>, Thalia Wilson<sup>5</sup>, Michael Nti Ababio<sup>1</sup>, Skyler Hopfauf<sup>5</sup>, Ramona Herrington<sup>5</sup>, Precieuse Trujillo<sup>5</sup>, Bridget Diamond-Welch<sup>4</sup>

University of Nebraska-Lincoln<sup>1</sup>, University of Memphis<sup>2</sup>, Michigan State University<sup>3</sup>, University of South Dakota<sup>4</sup>, University of Michigan<sup>5</sup>

Evaluation of an Empowerment Self-Defense Program: Prevention of Sexual Violence among Mostly Indigenous Middle School Youth on a Rural Reservation

Thalia Wilson<sup>1</sup>, Katie Edwards<sup>1</sup>, Lorey Wheeler<sup>2</sup>, Stephanie Lim<sup>2</sup>, Amanda Prokasky<sup>2</sup>, J. Gayle Beck<sup>1,3</sup>, Vivian Aranda-Hughes<sup>4</sup>, Michael Nti Ababio<sup>2</sup>, Gabby Miller<sup>2</sup>, Skyler Hopfauf<sup>1</sup>, Ramona Herrington<sup>1</sup>, Precieuse Trujillo<sup>1</sup>, & Bridget Diamond-Welch<sup>5</sup>.

University of Michigan<sup>1</sup>, University of Nebraska-Lincoln<sup>2</sup>, University of Memphis<sup>3</sup>, Michigan State University<sup>4</sup>, University of South Dakota<sup>5</sup>

Intermediary Outcomes of a Program to Prevent the Use of Sexual Violence and Promote Positive Youth Development among Indigenous Middle School Boys

J. Gayle Beck<sup>1,2</sup>, Lorey Wheeler<sup>3</sup>, Amanda Prokasky<sup>3</sup>, Stephanie Lim<sup>3</sup>, Thalia Wilson<sup>1</sup>, Gabby Miller<sup>3</sup>, Michael Nti Ababio<sup>3</sup>, Vivian Aranda-Hughes<sup>4</sup>, Ramona Herrington<sup>1</sup>, Precieuse Trujillo<sup>1</sup>, Skyler Hopfauf<sup>1</sup>, Bridget Diamond-Welch<sup>5</sup>, and Katie M. Edwards<sup>1</sup>

University of Michigan<sup>1</sup>, University of Memphis<sup>2</sup>, University of Nebraska-Lincoln<sup>3</sup>, Michigan State University<sup>4</sup>, University of South Dakota<sup>5</sup>

Elementary, Middle, and High School Youth Perceptions of a Culturally Tailored Sexual Violence Prevention Program

Vivian Aranda-Hughes<sup>1</sup>, Katie Edwards<sup>2</sup>, J. Gayle Beck<sup>2</sup>, Laura Wolter<sup>2</sup>, Stephanie Lim<sup>3</sup>, Thalia Wilson<sup>2</sup>, Gabby Miller<sup>3</sup>, Ramona Herrington<sup>2</sup>, Precieuse Trujillo<sup>1</sup>, Skyler Hopfauf<sup>1</sup>, Bridget Diamond-Welch<sup>3</sup>

University of Michigan<sup>1</sup>, University of Nebraska-Lincoln<sup>2</sup>, University of Memphis<sup>3</sup>, Michigan State University<sup>4</sup>,

University of South Dakota<sup>5</sup>

**A3: Becoming Better Professionals (Mixed formats): Laskey B**

**Belonging Without Othering: Promoting a Culture of Inclusivity through Bystander/Allyship Training**  
Karla Shockley McCarthy, Ohio Colleges of Medicine Government Resource Center; Felicia Tolliver, Director, Diversity, Equity and Inclusion, The Ohio State University College of Medicine

**Community Engagement to Promote the Health of Indigenous Women: Lessons Learned from a Study to Prevent Alcohol-Exposed Pregnancies**

Marlaina Maddux, University of Arizona; Nicole Yuan, University of Arizona; Veronica Boone, Tucson Indian Center; Sheryl Nelson, University of Arizona

**Strengthening Resilience in School Mental Health Social Workers: Indiana/MHSP Learning Circle Strategies**  
Kristina Ray-Bennett, Indiana University; Barb Pierce, Indiana University; Karen Blessinger, Indiana University; Kyle Walke, Indiana University; Jacob Ressler, Indiana University

**Working through Suffering: Accompaniment to Reimagine Support for Social Workers and Unaccompanied Immigrant Youth**

Mary Florence Sullivan, Graduate School of Social Work and Social Research of Bryn Mawr College

**A4: Youth- and Peer-Led Programming (Perspectives): Laskey C**

**The Nashville Youth Design Team: Building Youth Resilience through Youth-Led Participatory Urban Design**  
Megan McCormick, Vanderbilt University; Nada Shaltaf, Civic Design Center; Addison Harper, Civic Design Center; Mateo Pop Cuz, Civic Design Center; Mehriya Hashemi, Civic Design Center; Luc Coleman, Civic Design Center; Willa Sands, Civic Design Center

**Architects of Their Own Wellbeing: A Qualitative Exploration of Children's Perspectives on Designing Resilience-Promoting Interventions**

Kathryn Howell, University of Wisconsin-Madison; Kari N. Thomsen, The University of Memphis; Krystal Abbott, Northeastern University; Mia Chambers, The University of Memphis; Idia B. Thurston, Northeastern University

**Building Resilience: The Power of Peer Support in Promoting Parental Sobriety**

Jen McClellan, Public Children Services Association of Ohio (PCSAO)

**A5: Ecological Resilience (Perspectives): Clyde & Mary**

**Does Access to Neighborhood Amenities Affect Mental Health? Examining Their Impact on Symptom Severity Among Older Youth in Low-Income Households**

Melissa Villodas, George Mason University; Ngozi V. Enelamah, Department of Social Work, University of New Hampshire, Durham, NH; Andrea Cole, School of Pharmacy and Health Sciences, Fairleigh Dickinson University, Florham Park, NJ; Andrew Foell, Jane Addams College of Social Work, University of Illinois Chicago, Chicago, IL; Alexandria B. Forté, School of Social Work, University of Connecticut, Hartford, CT; Chrisann Newransky, School of Social Work, Adelphi University, Garden City, NY; Mansoo Yu, School of Social Work, Department of Public Health, University of Missouri, Columbia, MO

**Family Resilience or Resilience in Families?**

Jonathan Davis, Samford University; Imani Johnson, LCSW, LCAS, North Carolina Agricultural and Technical State University; Carmen Monico, Ph.D., MSW, North Carolina Agricultural and Technical State University; Viktor Burlaka, LCSW, Ph.D., University of North Carolina at Greensboro

**Prefigurative Responses to Climate Change**

Shayda Azamian, Vanderbilt University

**A6: New Thinking on Interventions (Perspectives): Kreitner**

Printmaking and Resiliency

Alyssa Reynolds, Boise State University; Jill AnnieMargaret, Boise State University

Enhancing College Students' Wellbeing with Strength-Based Approaches

Rufaro Chitiyo, Tennessee Technological University

Intergenerational Trauma: Breaking The Cycle

Sal Corbin, Behavioral Health System of Batlimore

**A7: Resilient Leadership: Being an Informal Leader (Workshop): Fondren Hall (2<sup>nd</sup> floor meeting room)**

Nicole Yuan, University of Arizona; Nili Gesser, Drexel University

Monday 10:30 to 11:45 pm

**B1: Finding Your Path: Diverse Careers in Resilience Research (Hot Topics Panel): Great Hall**

Matthew Hagler, Francis Marion University; Kathryn Howell, University of Wisconsin - Madison; Jacoba Rock, Boise State University; Esther Malm, Murray State University; Amanda Hasselle, Rhodes College; Marcela Weber, Central Arkansas Veterans Healthcare System & University of Arkansas for Medical Sciences

**B2: Mixed Methods Investigations of Community Assets and Resilience in the Arizona-Mexico Border Communities (Perspectives Panel): Laskey A**

Arts-Based Methods Elevating the Voices of Historically Marginalized Communities

Martha Moore-Monroy, University of Arizona

Psychometric Properties of the "Inventario de Resiliencia" in an Adult Mexican Origin Population Living in the Southwest United States

Karina Duenas, University of Arizona

La Vida en la Frontera, a Prospective Study Exploring Stress and Health Resiliencies in a US-Mexico Border Community

Scott Carvajal, University of Arizona

**B3: Decentering the Resilient Teacher: Exploring Interactions Between Teachers and their Social Ecologies (Perspectives Panel): Laskey B**

Exploring The Predictors Of Teacher Resilience Outcomes: Assessing The Relative Contribution Of Individual And Contextual Factors

Jeremy Oldfield, Manchester Metropolitan University

Exploring The Interactions Between Individual And Context Factors In Promoting Teacher Resilience Outcomes

Carrie Adamson, Manchester Metropolitan University

Developing Place-Based Data-Driven Interventions To Improve Teacher Resilience And Retention

Steph Ainsworth, Manchester Metropolitan University

Finding The Balance: The Effects Of Parental Communication On Teacher Resilience Outcomes

Carrie Adamson, Manchester Metropolitan University

**B4: Navigating Self-Care in the Ivory Tower as Diverse Doctoral Students (Hot Topics Panel): Laskey C**

Tayon Swafford, Marian University; Nina C. Johnson, Indiana University School of Social Work; Miriam Commodore-Mensah, Indiana University School of Social Work; Zohra Asad, Indiana University School of Social Work; Hyejean Kwon, Indiana University School of Social Work



**B5: Community Resilience (20x20): Clyde & Mary**

Collective Care Practices For Fostering Community Resilience In Higher Education Spaces  
Danielle Littman, University of Utah

Empowering Recovery: How RREACT Alumni Shaped Community Resilience and Program Innovation  
Alina Sharafutdinova, Village Venture LLC/ RREACT, City of Columbus; Isaac Toliver, RREACT Program Director;  
Amy Zimmerman, RREACT Case Manager

Signs of Resilience: A Semiotic Analysis of Cultural Strengths in Disney's Encanto  
Joaquin Mariscal, Indiana University Indianapolis

LIFT – Leadership Initiative for Transformation

Aya Cohen, Mt. Hope Family Center; Alisa Hathaway, Mt. Hope Family Center – Director, Projects STRONGER,  
Sustaining Change, and ANGEL

**B6: Exploring Fathering Strengths and Resilience Across Diverse Populations (Perspectives Panel): Kreitner**

Daddy Reads With Me Project, a Pilot Father-centric Dialogic Reading Intervention  
Juan Lorenzo Benavides, Susan Yoon, Joyce Y. Lee, Yujeong Chang, & Taylor Napier, The Ohio State University  
College of Social Work

Parental Resilience Among African Immigrants and Refugees in the US

Juan Lorenzo Benavides, Yeliani Flores, Cecilia Mengo (presenter), Shambika Raut, Nafisa Jamale, & Jhuma  
Acharya; The Ohio State University College of Social Work

Parenting Strengths and Resilience among Latino Fathers with Low Income

Jingyi Wang, Susan Yoon (presenter), Yujeong Chang, The Ohio State University College of Social Work

Parental Warmth of Fathers Raising Children in the U.S. Child Welfare System: Associations with Children's  
Socioemotional Development

Joyce Y. Lee, Susan Yoon, Yujeong Chang, Hunmin Cha, Angelise Radney, & Amy Xu; The Ohio State University  
College of Social Work

**B7: Culturally Grounded Programs (Perspectives): Fondren Hall (2<sup>nd</sup> floor meeting room)**

Exploring Implementation of Culturally Honoring Services Among Michigan Tribal Advocacy Programs  
Sherise McKinney, University of Michigan; Katie Schultz, University of Michigan, School of Social Work

A Systematic Review Of Family Violence Prevention Among Indigenous Populations: A Call To Center Prevention  
Work In Strengths, Culture, And Dignity

Katie Edwards, University of Nebraska Lincoln; Ramona Herrington, University of Nebraska Lincoln; Katie  
Schultz, University of Michigan; Arielle Deutsch, Avera Health; Joseph Gardella, University of Nebraska Lincoln

The Gulabi Stories Initiative: Power of Storytelling in Redefining and Reclaiming Individual and Collective  
Healing within the South Asian Diaspora

Meghna Bhat, Founder/ Storyteller, Gulabi Stories: A South Asian Healing Initiative

Monday 1:15 to 2:30 pm

**C1: Qualitative Inquiry into Resilience in Populations Connected to Child Welfare (20x20 Symposium): Great Hall**

Perspectives of Well-Being in Child Welfare: Insights from Key Stakeholder Groups  
Yujeong Chang, The Ohio State University

Former Foster Youth Perspectives On The Impact Of Relational Instability On Self-Narratives Following  
Maltreatment

Olivia D. Chang, University of Michigan

A Qualitative Study of the Characteristics of Rural Child Welfare Practice  
Kathryn Maguire-Jack, University of Michigan

Navigating Burnout and Resilience: Rural Child Welfare Workers' Experiences and Coping Strategies  
Sarah Parmenter, The Ohio State University

**C2: Elements of Successful Practitioner/Research Collaborations: A Team Strategy to Increase the Evidence Base on Trafficking Prevention (Perspectives Panel): Laskey A**

Iterative Evolution Of The Not A Number Curriculum: A Decade Of Growth In Human Trafficking Prevention For Youth  
Aria Flood, Love146

Using Love 146's Not A Number Curriculum To Enhance Statewide Human Trafficking Prevention Programs For Youth  
Cynthia Matthias, Prevention Programs Unit, Injury and Violence Prevention Section, MDH

The Use Of CBPR With Survey Design To Assure Real-World Grounding  
Lauren Martin, University of Minnesota, School of Nursing

Building A Collaborative Measurement Model In Preparation For Program Evaluation  
Jennifer E. O'Brien, Prevention Programs Unit, Injury and Violence Prevention Section, MDH

**C3: Parenting Contexts: Navigating Nuances and Building Resilience in Challenging Circumstances (Perspectives Panel): Laskey B**

Navigating the Safety Net: Resilience and Resourcefulness Among Mothers in Poverty  
Maria Marti-Castaner , Tonya Pavlenko , Ruby Engel, Karen Sanchez , Allyson E Crawford, Jeanne Brooks-Gunn, Christopher Wimer, evolutionforward

The Impact of Patterns of Parental Adverse Childhood Experiences and Parenting Satisfaction and Parenting Stress  
Linghua Jiang, Sara A. Vasilenko, Xiafei Wang, Syracuse University

Harsh Parenting Among Veterans: Parents' Military-Related PTSD, Mentalization, And Pre-Military Trauma  
Xiafei Wang, Syracuse University

**C4: Strengths-Based Interventions for Youth (Perspectives): Laskey C**

Team:Changing Minds: Integrating Mental Health Response Into An Athletic-Coach Delivered Violence Prevention Program  
Alana Fields, University of Pittsburgh; Elizabeth Miller, University of Pittsburgh

Youth, Music, And Community; Promoting Resilience Through Student-Driven, Community Music Programming  
Christopher Thornton, Beyond The Bars; Isaiah Robinson, Beyond The Bars; Matthew Kerr, Beyond The Bars; Stephanie Garcia, Children's Hospital of Philadelphia; Hillary Kapa, Children's Hospital of Philadelphia

Growing Youth Purpose and Compassionate Action through Jane Goodall's Roots & Shoots in Africa: Program Experiences and Participatory Interventions  
Caitlyn Geraci, University of Mississippi; Zeina Ramadan, University of Mississippi; Hope Kirabo, University of Mississippi; Laura R. Johnson, University of Mississippi

**C5: Overcoming Sexual Victimization & Intimate Partner Victimization (20x20): Clyde & Mary**

The Role of the MeToo Route in Improving Survivors' Health  
Paula Cañaveras-Martínez, University of Barcelona; Ana Burgués, University of Granada; Mar Joanpere, University of Barcelona

Sexual Pleasure And Resilience: Current Connections And Gaps

Jessamyn Moxie, UNC Charlotte; Steph Cooke, National University; Casey Mesaeh; Elsa Boehm; Grace E. Schroeder, UNC Charlotte; Natalie Andrasko, Columbia University; Daniel Dickie, UNC Charlotte

The Impact of Veganism on Women, Intimate Partner Violence Survivor's Healing and Resilience  
Abbie Nelson, Southeast Missouri State University

**C6: Promoting Healthy Child Development (20x20): Kreitner**

Start Them Young: Parental Perspectives on Racial Socialization Conversations and Social Emotional Development in Preschoolers

Taylor Napier, The Ohio State University; Susan Yoon, The Ohio State University; Charis Stanek, The Ohio State University; Alvalyn Dixon-Gardner, Boston Children's Hospital; Additti Munshi, The Ohio State University; Angelise Radney, The Ohio State University

Working Together: Cross-System Collaboration for Primary Strengths-Based Prevention

Vanessa Parker, Indiana University; E. Susana Mariscal, Indiana University School of Social Work; Bryan Victor, Wayne State University School of Social Work; Miriam Commodore-Mensah, Indiana University School of Social Work

Cultivating Resilience: Walking with Youth of Color Affected by Structural Violence

Maritza Vasquez Reyes, Georgia State University

**C7: Reflections & Conversations about ResilienceCon 10<sup>th</sup> Anniversary: Fondren Hall (2<sup>nd</sup> floor meeting room)**

Nicole Yuan, University of Arizona; Heather Storer, University of Louisville; Hannah Gilliam, University of Memphis; Amanda Hasselle, Rhodes College; Shelby Clark, University of Kentucky; Sal Corbin, Behavioral Health System of Baltimore; Lorenzo Benavides, Ohio State University; Jonathan Davis, Samford University; Chad Rose, University of Missouri; and Sherry Hamby, University of the South & Life Paths Research Center

Monday 2:45 to 4:00pm

**D1: A Qualitative Exploration of Attitudes and Beliefs of Mandated Reporting vs. Mandated Supporting (Hot Topics Panel): Great Hall**

Kristen Theile, University of Kentucky; Shelby Clark, University of Kentucky, College of Social Work; Margaret McGladrey, University of Kentucky College of Public Health, Department of Health Management and Policy; Courtney Rogers, University of Kentucky, College of Social Work

Elizabeth Riley, University of Kentucky College of Public Health Department of Health Management and Policy; & Stefanie Kinzie, University of Kentucky, College of Social Work are co-authors of the work being presented.

**D2: Identifying Key Strengths (20x20): Laskey A**

Psychosocial Strengths Associated with Higher Functioning after Interpersonal Adversity in the United Kingdom and Ireland

Matt Brooks, Manchester Metropolitan University; Victoria Banyard, Rutgers University; Xiafei Wang, Syracuse University; Sherry Hamby, University of the South & Life Paths Research Center

Exploring Psychosocial Protective Factors Fostering Resilience in Poly-victimised Adolescents

Antara Thakur, University of Mumbai; Solomon Renati, University of Mumbai

Promoting Resilience among First-Generation College Students: The Role of Help-seeking Attitudes and Social Support

Matthew Hagler, Francis Marion University

Understanding the Nuances of Posttraumatic Symptoms and Growth: Psychosocial Strengths and Well-Being among Trauma-Affected Populations

Xiafei Wang, Syracuse University; Lixia Zhang, University of Louisville; Victoria Banyard, Rutgers University; Sherry Hamby, University of the South & Life Paths Research Center

**D3: Knitting in the Round: Therapeutic Benefits and Clinical “Purls” of Knitting in Practice (Perspectives Panel): Laskey B**

Knitting as a Therapeutic Practice Literature Review

Isabella K. Caldwell, Cambridge Health Alliance | Harvard Medical School

Knitting as Stereotypes and Diverse Reclamation Literature Review

Victoria Trump Redd, Cambridge Health Alliance | Harvard Medical School

Knitting as a Therapeutic Practice Literature Review

Linda M. Nix, Cambridge Health Alliance | Harvard Medical School

**D4: Strengths-based Approaches to Engaging Boys and Men in the Prevention of Sexual and Related Forms of Violence (Hot Topics Panel): Laskey C**

Katie Edwards, University of Nebraska Lincoln; Elizabeth Miller, University of Pittsburgh School of Medicine; Richard Tolman, University of Michigan, School of Social Work; Steven Wilson, University of Nebraska-Lincoln / Peaceful Means; Lee Paiva, IMpower United

**D5: Coping with Specific Challenges (20x20): Clyde & Mary**

Refugee Perspectives on Employment and Mental Health: A phenomenological qualitative exploration

Rupa Khetarpal, Rutgers University

Situational Characteristics And Helping Behaviors Of Youth Who Know Someone They Think Might Have An Eating Disorder: A National Study

Melissa Wells, University of New Hampshire; Kimberly J. Mitchell, Crimes Against Children Research Center University of New Hampshire; Deirdre Colburn, Crimes Against Children Research Center University of New Hampshire; Michele L. Ybarra, Center for Innovative Public Health Research; Victoria Banyard, Rutgers University

Building Resilience: Investigating Family and Community Factors Mitigating Discrimination-Related ACEs in Single-Parent Households

Alexander Lipsey, Indiana University; Kristina Ray-Bennett, Indiana University

Dual Role Of Culture In Interracial Dating And Marriage In The United States

Enoch Amponsah, Rutgers University

**D6: Siempre pa' lante: An Interest Group for Spanish Speakers and Those Who Work With Them (Workshop): Kreitner**

Cristián Pinto-Cortez, Universidad de Tarapacá; and E. Susana Mariscal, Indiana University

**D7: Exploring the Insides of People’s Lives: Healing-Centered Qualitative Interviewing Approaches to Facilitate Resilience Among Research Participants with Complex Trauma (Workshop): Fondren Hall (2<sup>nd</sup> floor meeting room)**

Heather L. Storer, University of Louisville Kent School of Social Work & Family Science; Katie Schultz, University of Michigan, School of Social Work; Lindsay Gezinski, University of Utah School of Social Work; Liz Utterback, University of Louisville, Kent School of Social Work

## **Keynote**

**Great Hall in Laskey Building**

**Monday, 4:15 – 5:15 pm**

***Story, Meaning, Agency, and Others***  
**Monisha Pasupathi, University of Utah**

***Host: Jonathan Davis, Samford University***

As Dr. Pasupathi tells it, “I was born in Pennsylvania, and grew up mostly in Ohio, where I did my undergraduate studies in Psychology and English Literature at Case Western Reserve University. I then went on to a PhD in Psychology at Stanford University, and from there to a post-doctoral fellowship at the Max Planck Institute for Human Development, in Berlin, Germany. In 1999, I arrived in Utah as a faculty member in the Psychology department, fell in love with the mountains, and stayed put! My scholarly expertise is in adolescent and young adult identity development. Much of my work has explored how telling stories shapes our memories, emotions, and selves across the lifespan – and the impact listeners have on those stories. I put some of this work into application in my role as the Dean of the Honors College at the University of Utah.”

Dr. Pasupathi’s talk will show us how deep dives into telling stories can offer insights into resilience that surveys alone never can.

## **Evening Reflection**

**Great Hall in Laskey Building**

**Monday, 5:15–5:30 pm (Central time)**

**Matthew Hagler**

**Tuesday, April 8<sup>th</sup>**

**Morning Reflection**  
Great Hall in Laskey Building  
Monday, 8:45-9:00 am (Central time)  
  
Shelby Clark

**Tuesday 9:00 to 10:15 am**

**E1: Life Lessons in the Classroom: Building Resilience Via the Kids' Empowerment Program (Perspectives Panel): Great Hall**

**Breathe In, Breathe Out: The Impact Of Stress-Reduction Skills On Somatic Symptoms Of Depression And Anxiety In Children**

Shifa Malik, Ellie Maly, Sandra Graham-Bermann, University of Michigan Department of Psychology

**It's About More Than Sitting Still! Reducing Hyperactivity Through The Kids' Empowerment Program**  
Victoria Treder, Ellie Maly, Sandra Graham-Bermann, University of Michigan Department of Psychology

**Happiness Hack? The Role Of The Kids' Empowerment Program In Increasing Child Happiness Through Adaptive Coping**  
Sophie Hammond, Ellie Maly, Sandra Graham-Bermann, University of Michigan Department of Psychology

**Treasured Traits: A Mixed-Methods Analysis Of Parental Perceptions And Child Mental Health**  
Ellie Maly, Sandra Graham-Bermann, University of Michigan Department of Psychology

**E2: Findings of an Online Program Found to Prevent Teen Dating Violence and Alcohol Use among Sexual and Gender Minority Youth (Perspectives Panel): Laskey A**

**Predictors of Attendance in a Strengths-focused, Affirming Online Prevention Program for Sexual and Gender Minority Youth**

Lorey Wheeler[1], Weiman Xu[1], Katie Edwards[2], Heather Littleton[3], Joseph Gardella[2]  
University of Nebraska-Lincoln[1], University of Michigan[2], University of Colorado–Colorado Springs[3]

**Process-Evaluation for Assessing Implementation of an Online Program for Sexual and Gender Minority Youth to Prevent Alcohol Use and Teen Dating Violence**

Joseph Gardella[1], Katie M. Edwards[1], Alexander Farquhar-Leicester[2], Emily Camp[2], Maeve Allen[2], Heather Littleton[3], Molly Higgins[3], Paige Hesse[2], Caroline Spitz[2], Sarah Ashworth[2], Joshua Girard[2], Seungju Kim[2], Lorey A. Wheeler[2], and Skyler Hopfauf[3]  
University of Michigan[1], University of Nebraska-Lincoln[2], University of Colorado-Colorado Springs[3]

**A Program To Prevent Alcohol Use And Dating Violence Reduces Also Has Therapeutic Effects Among In LGBTQ+ Youth Victims**

Jennie Jester[1], Lorey Wheeler[2], Rayni Thomas[2], Katie M. Edwards[1], Joseph Gardella[1], Heather Littleton[3], University of Michigan[1]  
University of Nebraska-Lincoln[2], University of Colorado Colorado Springs [3]

**E3: Healing Interventions (20x20): Laskey B**

**Effectiveness of Dialectical Behavior Therapy Skills Groups as a Universal School-Based Social Emotional Learning Program for Adolescents: A Systematic Review and Meta-Analysis**

AJ Hasselle, Rhodes College; Emily Srisarajivakul, The University of Memphis; Anissa Garza, The University of Memphis; Kari Thomsen, The University of Memphis; Rachel Stobbe, University of Massachusetts at Boston; Rory Pfund, The University of Memphis

Day and Overnight Retreats for Healing Trauma: A Preliminary Evaluation  
Sidney Turner, Resilient Retreat; Elizabeth Moschella-Smith, Resilient Retreat

Healing and Resilience Through Trauma-Informed Somatic Practices for Survivors of Human Trafficking in Uganda

Meagan Copeland, University of Alabama; Catherine Carlson, University of Alabama, Department of Social Work; Sophie Namy, Healing and Resilience After Trauma (HaRT), Co-Director; Sylvia Namakula, Healing and Resilience After Trauma (HaRT), Country Director

Piloting a manualized arts-based trauma intervention: A Window Between Worlds' impact on healing and resilience

E. Susana Mariscal, Indiana University; Bryan Victor, Wayne State University School of Social Work; Vanessa Parker, Indiana University School of Social Work; Miriam Commodore-Mensah, Indiana University School of Social Work; Sophie Lang, Phillips Academy; Tessa Duncan, Indiana University School of Social Work

**E4: Violence & Resilience Among Vulnerable Youth (20x20): Laskey C**

No Bad Children: Reframing Attachment with Strengths-Based Insights into Delinquency, Family Dynamics, and Maltreatment

Holden Dillman, University of Kentucky; Rebecca Bosetti, University of Kentucky College of Social Work

Descriptive Analysis of ACEs, Positive Childhood Experiences, and Victimization Among Youth in Alternative Schools: A Resilience Perspective

Kaitlin Kirkley, University of South Carolina; Juleigh Bencsick, University of South Carolina; Tia Andersen, University of South Carolina

"I'm Laughing, But It Isn't Funny": A Qualitative Exploration of Racial Teasing as a Form of Resilience in Black Youth

Myahkia Watson, The University of Memphis; Alexandria Golden, The University of Memphis

Exploring the Association between Gun Violence Exposure and Youth Offending Behaviors

Fei Pei, Syracuse University

**E5: Perspectives on Healing (Mixed formats): Clyde & Mary**

The Resiliency Narrative of Soldiers Lacking a Family Support in Israel

Eli Buchbinder, University of Haifa; Sharon Field Ladell, Medical Wadi - A Health Center in the Wadi Ara Region Israel

Longitudinal Differences in Adaptive Behavior in Various Demographics of Children with ASD

Vic Esparza Morales, Vanderbilt University Medical Center; Rachael A. Muscatello, Vanderbilt University Medical Center; Blythe A. Corbett, Vanderbilt University Medical Center

Integrating Strengths and Resiliency into Trauma-Focused Cognitive Behavioral Therapy and Other Therapies

Lori Newland, Mt. Hope Family Center

**E6: Strengths that Support Functioning (Perspectives): Kreitner**

Interpersonal Protective Factors and Psychological Distress Symptoms Among Black Transgender Women: A Multiple Linear Regression Analysis

Meredith Klepper, Johns Hopkins School of Nursing; Chakra Budhathoki, Johns Hopkins School of Nursing; Athena DF Sherman, co-senior author, Nell Hodgson Woodruff School of Nursing, Emory University; Kelly Bower, co-senior author, Johns Hopkins School of Nursing

The Role of Resilience on Bullying Involvement

Chad Rose, University of Missouri; Wendy Cornell, University of Missouri; Shannon Locke, University of Missouri; Tiffany Crawford, University of Missouri; Nate Brinkley, University of Missouri; D'Anna Hasik, University of Missouri; Portia Branch; Austin Jackson, University of Missouri

**Strengths Among Young People Exposed to Others' Trauma in their Social Networks**  
Victoria Banyard, Rutgers University; Kimberly Mitchell, University of New Hampshire; Kaliyah Gardner, Rutgers New Brunswick; Michele Ybarra, Center for Innovative Public Health Research

**E7: Reworking Interventions (Perspectives): Fondren Hall (2<sup>nd</sup> floor meeting room)**

**From Digital Dissociation to Resilience: Multidimensional Strengths-Based Approaches to Building Resilience in Children Through Mindfulness and Appraisal-By Content (ABC) Theoretical Framework**  
Kristina Ray-Bennett, Indiana University

**Working with Those in Crisis: Preserving Agency to Build Resilience**  
Noah Gokul, Institute for the Development of Human Arts

**During Times of Struggle: Strengths-based Approaches for the Classroom**  
Amber Gentile, Gwynedd Mercy University; Colleen Lelli, Ursinus College

**Tuesday 10:45 to 12:00 pm**

**F1: Strengths and Resilience-Based Approaches to Preventing and Responding to Human Trafficking (Perspectives Panel): Great Hall**

**Co-Creating Knowledge in the Prevention of Youth Sex Trafficking: Challenges, Successes, and Lessons Learned**

Rochelle Dalla, Katie M. Edwards, Jennifer Stalder, Stacie Nessa, Stephanie Olson, Aleesa Nutting, Aubrey Pascal, Lorey A. Wheeler, Jamy Rentschler, University of Nebraska-Lincoln (Edwards, University of Michigan)

**Exploring Consequences of Sex Trafficking Victimization among Individuals with and without Disabilities**  
Amber Krushas and Teresa Kulig, University of Nevada-Las Vegas

**Building Resilience In Health And Wellness For Survivors Of Sex Trafficking**  
Amy Farrell, Carlos Cuevas, Alisa Lincoln, Amelia Wagner, Northeastern University

**Supporting Youth Survivors of Commercial Sexual Exploitation (CSE): Findings from an Evaluability Assessment of the Love146 Survivor Care Program**  
Lisa M. Jones, Jennifer E. O'Brien, University of Nevada-Las Vegas

**F2: Adult Resilience (Perspectives): Laskey A**

**Carceral Resilience: Identifying Correlates of Posttraumatic Growth for People Who Are Incarcerated**  
Danielle Rousseau, Boston University

**The Impact of the Resilience Portfolio on Mental Negative Health Outcomes Among College Students: Interactions with Intimate Partner**  
Julia O'Connor, University of Utah; Lindsay Gezinski, University of Utah; Rachel Voth Schrag, University of Texas at Arlington

**"I gotta do what I need for me to grow": Resilience of Women Exiting Street Prostitution**  
Nili Gesser, Drexel University

**F3: Improving Resilience Science (Mixed formats): Laskey B**

**Comparing Veteran and Clinician Perspectives of Veterans' Protective Factors for Successful Treatment in Trauma-Focused Evidence-Based Psychotherapies**  
Brittany Hampton, Central Arkansas Veterans Healthcare System; Marcela C. Weber, South Central MIRECC, Central Arkansas Veterans Healthcare System; Ashlyn M. Jendro, South Central MIRECC, Central Arkansas Veterans Healthcare System; Karen L. Drummond, South Central MIRECC, Central Arkansas Veterans Healthcare System; Ellen P. Fischer, South Central MIRECC, Central Arkansas Veterans Healthcare System; Trenton M. Haltom, South Central MIRECC, DeBakey VA Medical Center; Jeffrey M. Pyne, South Central



MIRECC, Central Arkansas Veterans Healthcare System

Key Lessons Regarding Compensation In Participatory Research With Communities At The Margins  
Kimberly Bender, University of Denver; Danielle Littman, University of Utah, School of Social Work; Tara Milligan, University of Denver, Graduate School of Social Work; Rebecca Berry, Affirming Ground Project

Friendship Development: Influence of Social Media and Electronic Communication  
Chad Rose, University of Missouri; Madison Imler, University of Missouri; Araba Amisshah, University of Missouri; Soeun Hong, University of Missouri; Sophie Froese, University of Missouri; Austin Jackson, University of Missouri; Portia Branch, University of Missouri

**F4: Improving Systems (Perspectives): Laskey C**

Identifying Child Welfare System Processes Associated With Parental And Child Health Outcomes  
Joyce Lee, The Ohio State University; Cecilia Mengo, College of Social Work, The Ohio State University; Michael B. Frisby, College of Education & Human Development, Georgia State University; Hunmin Cha, College of Social Work, The Ohio State University; Susan Yoon, College of Social Work, The Ohio State University

All the Feels: Prioritizing Emotional Culture for Resilient Organizations  
Amie Myrick, New Phase Counseling & Consulting, LLC

Moving Beyond Trauma: Supporting Educators and Students during Times Of Crisis  
Amber Gentile, Gwynedd Mercy University; Colleen Lelli, Ursinus College

**F5: Healing from Gender-Based Violence (GBV) (Perspectives): Clyde & Mary**

Pathways to Healing: Exploring Post-Traumatic Growth Among IPV Survivors  
Rujeko Machinga-Asaolu, University of Kentucky; Kathryn Showalter, University of Kentucky

Resilience among Immigrant Women of Color Who Experience Partner Violence: Service Providers' Perspectives  
Shambika Raut, The Ohio State University; Yeliani Flores, The Ohio State University; Cecilia Mengo, The Ohio State University; Tiara Kinsey-Dadzie, The Ohio State University

A Strengths-Based Investigation Of University Employees' Reasons For Not Reporting Sexual Harassment: A Latent Class Analysis  
Allison Brachmann, Rutgers University; Julia Cusano, Rutgers University; Sarah McMahon, Rutgers University

**F6: De-Escalation & Conflict Transformation (Workshop): Kreitner**

Sal Corbin, Behavioral Health System of Baltimore

**F7: Labyrinth Walk & Meditation (Workshop): MEET IN LASKEY LOBBY**

Sherry Hamby, University of the South & Life Paths Research Center

Tuesday 1:00 to 2:15 pm

**G1: Resilience in Homelessness Recovery (Hot Topics Panel): Great Hall**

Sal Corbin, Behavioral Health System of Baltimore; Jean-Michel Giraud, Friendship Place; Alan Banks, Friendship Place

**G2: Stories of Healing (Perspectives): Laskey A**

"Little Wins Along The Way": Veterans' And Clinicians' Perspectives On Wellbeing Outcomes Of PTSD Care  
Marcela Weber, Central Arkansas Veterans Healthcare System; Brittany N. Hampton, Central Arkansas Veterans Healthcare System; Ashlyn M. Jendro, Central Arkansas Veterans Healthcare System; Karen L. Drummond, Central Arkansas Veterans Healthcare System; Jeffrey M. Pyne, Central Arkansas Veterans Healthcare System; Ellen P. Fischer, Central Arkansas Veterans Healthcare System; Trenton M. Haltom, DeBakey VA Medical Center

I Never Knew: Stories of Resilience Discovered During Dementia  
MB (Marybeth) Mitcham, George Mason University

Large And Small Gains And Failures: Women's Exiting Trajectories In And Out Of Street Prostitution And  
Substance Use  
Nili Gesser, Drexel University

**G3: Resilience in Education (Perspectives): Laskey B**

Building Resilience: An Action-Oriented Model for Faculty and Staff Campus Climate Assessment  
Julia Cusano, Rutgers University; Sarah McMahon, Rutgers University; Rachel Connor, Rutgers University; Laura  
Johnson, Temple University

Being the Change: Centering Resilience in a Trauma-Informed Community of Practice for Higher Education  
Faculty and Staff  
Jacoba Rock, Boise State University; Alyssa Reynolds, Boise State University School of Social Work

Building Bridges: Supporting Service Providers in Teaching Parents about Sexual and Gender Diversity  
Joan Durrant, Positive Discipline in Everyday Life; Jean Tinling, Positive Discipline in Everyday Life

**G4: Parental Impacts on Youth Resilience (Perspectives): Laskey C**

Emotion Regulation, Parent-Child Communication, and the Therapeutic Alliance as Potential Therapy Targets  
for Bereaved Youth  
Kari Thomsen, The University of Memphis; Kathryn H. Howell, University of Wisconsin-Madison

Enhancing Resilience and Self-Esteem in Children of Incarcerated Parents: A Pathway Through Interventions,  
Support Systems, and Mentoring Programs.  
Odetta Keane, New York University

Caregiver emotional support, optimism, and trauma symptoms among adolescents waiting for treatment after  
disclosing sexual abuse  
Ernest Jouriles, Southern Methodist University; Melissa Sitton, Southern Methodist University; Rachel Chan,  
Southern Methodist University; Madeline Reedy, Dallas Children's Advocacy Center; Renee McDonald,  
Southern Methodist University

**G5: Cultivating Purpose to Build Resilient Organizations (Perspectives Panel): Clyde & Mary**

Cultivating Purpose to Build Resilient Organizations  
Bridgette Stumpf, NVRDC

Cultivating Purpose to Build Resilient Teams  
Lindsey Silverberg, NVRDC

Cultivating Purpose to Build Resilient Cultures & Communities  
Patrice Amandla Sulton, DC Justice Lab

**G6: Native Flute: Explorations (Workshop): Kreitner**

Bill Miller, Grammy-winning performing artist

**G7: Enhancing Occupational Well-being through Mindfulness-Based Self-Reflection (Workshop): Fondren Hall  
(2<sup>nd</sup> floor meeting room)**

Karla Shockley McCarthy, Ohio Colleges of Medicine Government Resource Center

## **Keynote**

**Great Hall in Laskey Building**

**Tuesday, 2:30 – 3:30 pm**

### ***Violence Against Children and Adolescents: An Intercultural Perspective on Resilience***

**Cristián Pinto-Cortez, Universidad de Tarapacá**

***Host: Susana E. Mariscal, Indiana University***

Cristián Pinto-Cortez, PhD, is a professor and head of the School of Psychology and Philosophy at the Universidad de Tarapacá in Arica, Chile. He has published numerous scientific articles in peer-reviewed journals on topics such as interpersonal violence, polyvictimization of children and adolescents, and their consequences. His research interests also encompass attachment and resilience studies. Dr. Pinto-Cortez holds a PhD in Psychology from the Universidad Complutense de Madrid in Spain. He also has training as a child and adolescent psychotherapist specializing in trauma studies and systemic family therapy from Universidad de Chile. With twenty years of experience as a clinical psychologist, he has worked with victims of maltreatment and child sexual abuse in various centers in Chile and Spain. He completed postdoctoral studies and served as a visiting professor at the University of Barcelona. He has also been a visiting scholar at the Colegio Oficial de Psicólogos de Madrid, The New School, New York University, and John Jay College of Criminal Justice (CUNY).

## **Closing Reflections**

**Great Hall in Laskey Building**

**Tuesday, 3:30–4:00 pm (Central time)**

**Susan Yoon, Nicole Yuan, Jonathan Davis, Kathryn Howell, Susana Mariscal, & Katie Schultz**

**Wednesday, April 9<sup>th</sup>**  
**Resilience Portfolio Consortium**  
**9:00 am to 2:00 pm, Great Hall, Laskey Building**

Wednesday is the spring meeting of the Resilience Portfolio Consortium (RPC). There was an opportunity to sign up for the RPC meeting when you registered (no extra charge).

The RPC is an international community of more than 200 scholars and policymakers from more than 20 countries. The RPC advocates a portfolio approach to resilience and prevention. The portfolio approach emphasizes the importance of harnessing assets and resources across all levels of the social and physical ecology, focusing on the domains of meaning making, regulatory, and interpersonal strengths. A key goal of the RPC is to discourage research that treats resilience as a personality trait or studies only one strength at a time. Few traumas require just one asset or resource to solve, different circumstances call for different assets and resources, and few people overcome trauma without help from others.

Our work emphasizes the use of multiple methods, promotes scholarly collaboration and mentoring, and engages practitioners and communities. A primary focus of the RPC is developing a global and coordinated approach to identifying key psychosocial strengths (especially understudied or underappreciated strengths) in a broad range of cultural and geographic settings. The RPC is designed to provide opportunities for scholars seeking mentoring, training, and professional community for their work on preventing and overcoming trauma. You can join the RPC for free at:

<https://www.lifepathsresearch.org/lifepaths-community/>

The creation of the RPC was inspired by the promise of strengths-based approaches—and also by the challenges in shifting to strengths, as seen by the persistence of deficits-based and even victim-blaming approaches to trauma. We recognize the obstacles in keeping up with new work and pushing against longstanding scientific conventions and created the RPC to help scholars move the field forward faster.

**This year the RPC space will use the RPM model to offer a range of activities to build community and to take care of ourselves and each other through difficult and unpredictable times. It will be space to be in community and build our own resilience, share stories about the impact of current events, create collective action and collaboration. We will discuss ways to create mutual aid and support each other in these uncertain times. Lunch will be provided.**

## Stay Connected to the ResilienceCon and Life Paths Community Year-Round!

Life Paths Research Center hosts several opportunities for professionals and students who are interested in strengths-based approaches to resilience, prevention, and social justice.

**Our free listserv, ResComm** (for Resilience Community) provides up-to-date info for the community of resilience professionals. With over 900 members, ResComm is a space to share info about research and webinars on resilience, social justice, programs, or related topics from a variety of organizations. You can also ask questions, look for collaborators or research participants, post jobs, or make announcements that might be of interest.

If you have a Google account, search for ResComm on your Google Groups page. If you do not have a Google account, send an email with “Subscribe ResComm” to [lifepaths@lifepathsresearch.org](mailto:lifepaths@lifepathsresearch.org).

We also host a **free listserv on the psychology of women and gender, POWR-L**, that was started by people involved with the Association for Women in Psychology. Follow the above directions, looking for POWR-L in Google Groups or put “subscribe powr-l” in an email to us.

Our **online mindful writing group** meets twice a week, Monday afternoons (2 to 4 Central) and Thursday mornings (9 to 11 Central). The group offers a chance for you to schedule some time for writing, as well as a chance to enjoy fellowship with other scholars and to take a few minutes to practice mindfulness in community. The schedule is announced each month on ResComm. We welcome first-timers as well as regulars.

The **Resilience Portfolio Consortium** is a global group of more than 200 scholars who are working on multidimensional, portfolio approaches to resilience (see description under Wednesday’s meeting). It is free to join at <https://www.lifepathsresearch.org/lifepaths-community/>. We hold both in person and online meetings that offer training, support, and opportunities such as special issues in journals.

If you are interested in becoming an **affiliate of Life Paths Research Center**, we offer opportunities to become Research Scientists (for academics and scholars), Resilience Advocates (for practitioners), or Research Fellows (for graduate students). This is largely an honorific but can show your professional connections to other resilience professionals and provide a primary or secondary institutional affiliation. If you are interested, send your cv and a brief (less than 200 words) email stating your interest to [lifepaths@lifepathsresearch.org](mailto:lifepaths@lifepathsresearch.org). If accepted, we will also need a biosketch and headshot for our website.

You can see current affiliates here: <https://www.lifepathsresearch.org/life-paths-research-team/>.

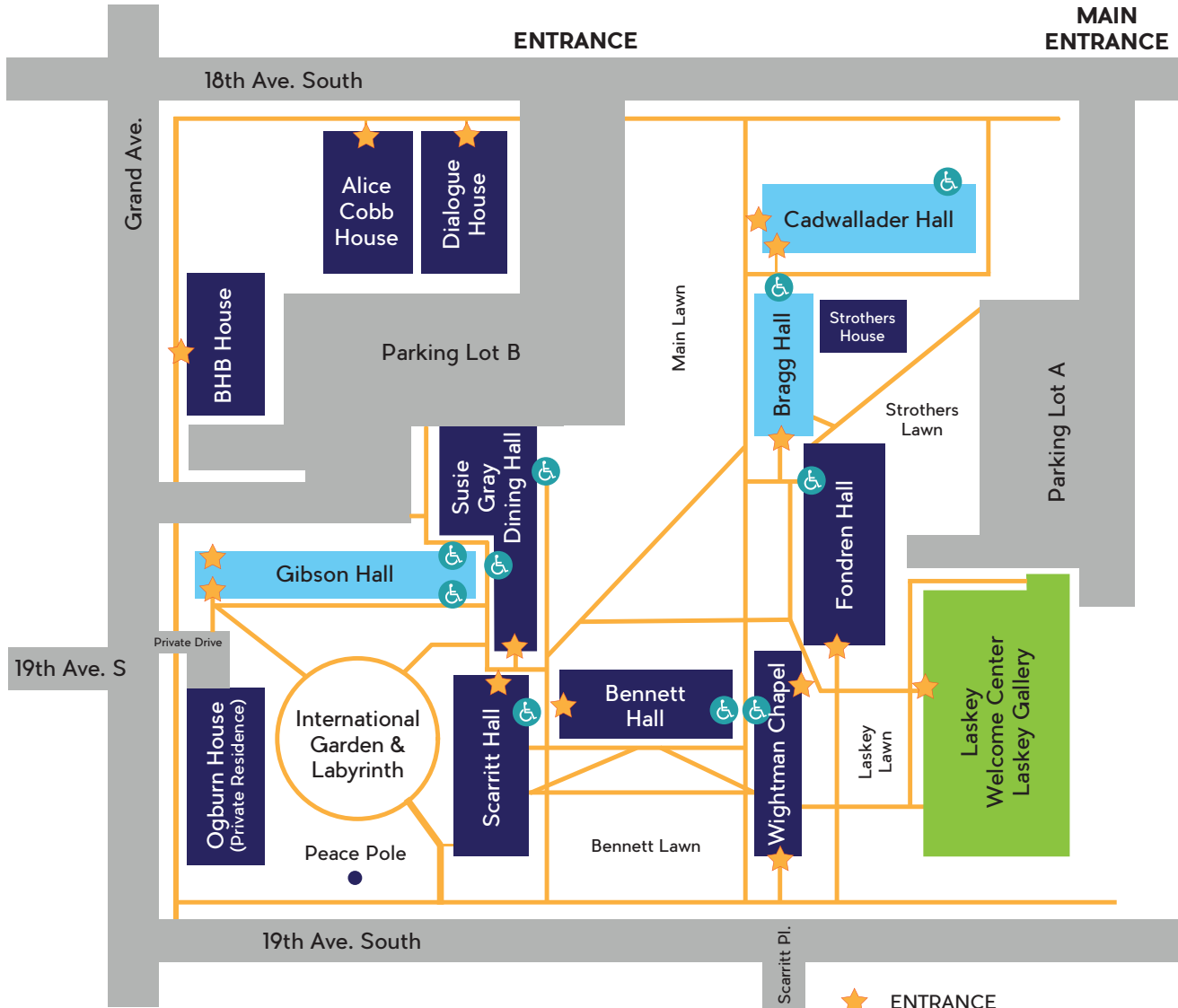
We sometimes offer additional opportunities, including writing retreats, in-person workshops, online webinars, and other activities. The best way to stay up to date on these is to join ResComm.

Feel free to share any of these with colleagues who could not attend ResCon.



Scarritt Bennett

# CAMPUS MAP



MEETING ROOM LOCATIONS

LODGING

Note: Lodging halls require keys for entry

- ★ ENTRANCE
- ♿ HANDICAPPED ENTRANCE
- SIDEWALKS

**SCARRITT HALL:**  
 Parlor - 1st Floor  
 International Rm. - 2nd Floor

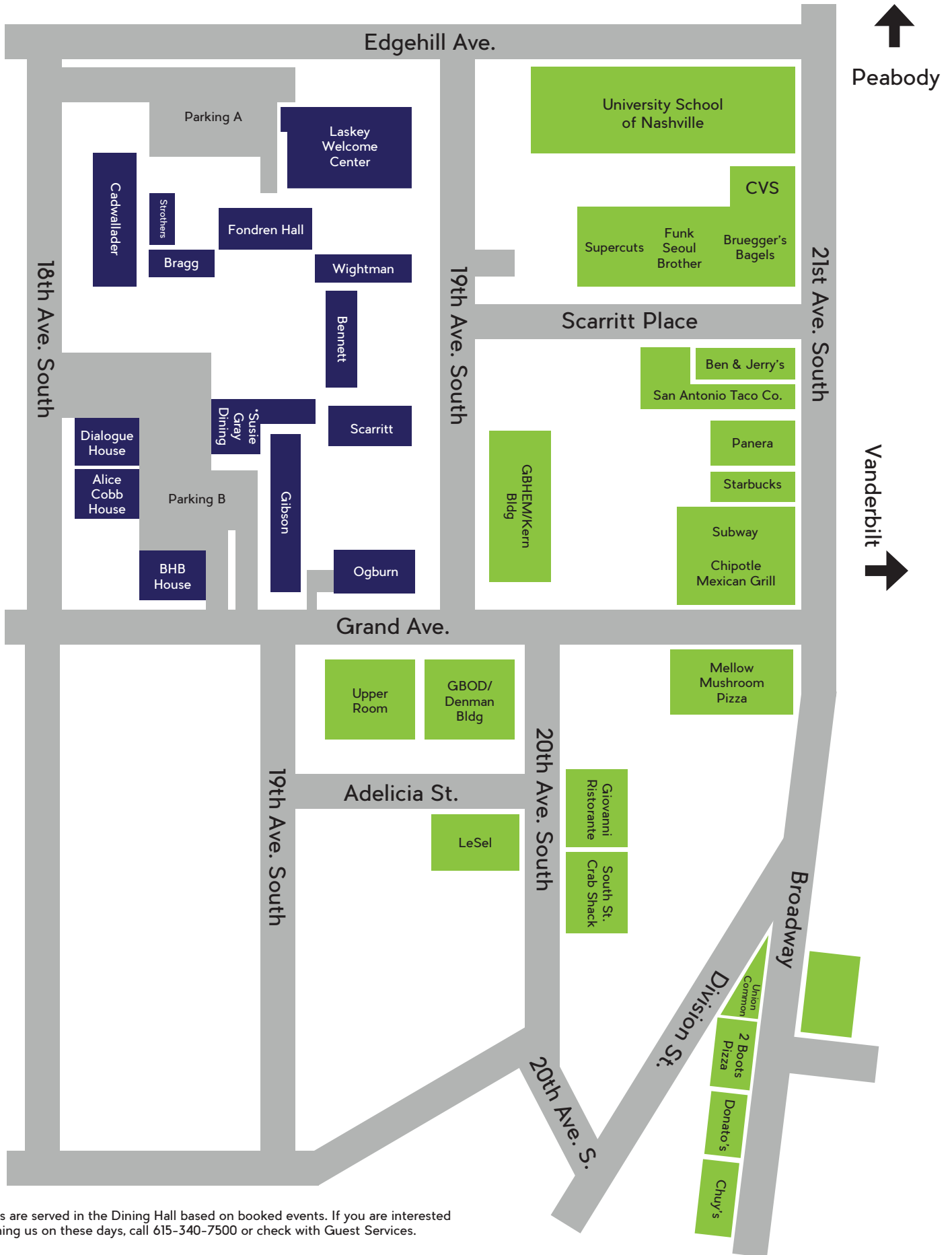
**BENNETT HALL:**  
 Social Rooms - 1st Floor  
 Dogwood - 2nd Floor  
 Raintree - 2nd Floor

**LASKEY:**  
 Laskey Great Hall - 1st Floor  
 Laskey 103, 104 & 105 - 1st Floor  
 Laskey Research Library - 1st Floor  
 Laskey A, B & C - 2nd Floor  
 Clyde & Mary Hall - 2nd Floor  
 Kreitner - 2nd Floor  
 Owen Book Room - 2nd Floor

**FONDREN HALL:**  
 Harambee Auditorium - 1st Floor  
 Skinner Chapel - 1st Floor  
 Fondren 21-24 - 2nd Floor

**Scarritt Bennett Center is an alcohol, tobacco and firearm-free campus**  
 Use GPS address 1027 18th Avenue South, Nashville, TN 37212 to access Parking Lot A  
 615.340.7500 · scarrittbennett.org

# THE SCARRITT BENNETT NEIGHBORHOOD



\*Meals are served in the Dining Hall based on booked events. If you are interested in joining us on these days, call 615-340-7500 or check with Guest Services.

ResilienceCon™ is a trademark of the Life Paths Research Center.



The Life Paths Research Center is a research institute devoted to learning about the ways that people develop psychosocial strengths that help them prevent and overcome adversity, especially in Appalachia and other marginalized communities.

Dr. Sherry Hamby is Founder and Director of the Life Paths Research Center.

### **Life Paths Research Center**

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[resiliencecon.org](http://resiliencecon.org)

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